

what patients are saying

"Empassion Pelvic Health has allowed me to live a life, no longer focused on pain & just making it through each day. When I started going to Empassion, I was experiencing back and pelvic pain which was greatly interfering with my daily activities. With their expertise and knowledge of how the body works as a whole, my pain has been reduced to almost non-existent. If you are experiencing low back/pelvic pain, urinary urgency/frequency, I would highly recommend contacting Empassion to get your physical therapy sessions started. You will be so glad you did. The sooner, the better!"

"Empassion Pelvic Health therapists are great to work with - their knowledge, care, and desire to help make them excellent providers. They take time to understand your physical therapy needs and to treat the whole person. I was discouraged that I was just 'broken' after 4 pregnancies, but working with them after my last pregnancy helped to get me in the best shape I have been in years and now I am stronger and more able to care for my kids and enjoy life. I can't recommend them enough, I only wish I had found them sooner!"

"The therapists at Empassion Pelvic Health are kind and excellent PTs with perfect bedside manner and extensive knowledge to making exercises simple and understandable. I am so thankful to have found them after having my son!"



*learn more
on our website*



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on social media!*

 @empassionpelvichealth

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empassion

PELVIC HEALTH



Changing the face of pelvic floor,
women's, men's and children's health
services across the lifespan.



meet the owners



Dr. Melanie Abbott
Dr. Noelle Eads

Our name says it all! We are passionate about all things pelvic health. We have a combined 20+ years of dedicated experience in pelvic health therapy. Our goal in founding Empassion Pelvic Health was to provide a supportive, empowering and healing environment for our patients.

We also want to provide to our community excellent, skilled care from pelvic health specialists. We have seen first-hand how limited the resources are for women, men and children dealing with pelvic health conditions. It is so rewarding to guide our patients to a place of relief, hope, and healing.

Melanie Abbott PT, DPT
Noelle Eads PT, DPT



what we treat

BLADDER AND BOWEL CONTROL

PREGNANCY CARE

BIRTHING PREPARATION

POSTPARTUM CARE AND DELIVERY

DIASTASIS RECTI

PELVIC ORGAN PROLAPSE

SEXUAL HEALTH

PELVIC AND CHRONIC PAIN

ORTHOPAEDIC ISSUES

MALE PELVIC HEALTH

PEDIATRIC PELVIC HEALTH

EARLY INFANCY INTERVENTION



our approach

- + One-on-one 60 minute sessions with your pelvic health specialist
- + Private treatment rooms in a soothing space
- + A thorough interview and assessment with one of our highly trained therapists
- + Specialized and individualized treatment based on the therapist's assessment of your needs



what we offer

- + Manual (hands on) therapy techniques including soft tissue/myofascial release, scar tissue mobilization, joint mobilization, neural tissue de-sensitization
- + Dry needling
- + Cupping
- + Taping
- + Specialized corrective exercise for the pelvic floor and body
- + Strengthening/stability training
- + Education
- + Recommendations for activity and lifestyle modification

